

# 1<sup>st</sup> Pu'uwai South Newsletter

## President's Message

Aloha!

I'm so excited to be your new President for 2009. I wanted to share a little bit about myself and paddling and officer experience.

I began paddling at the age of 8 for Kaimanu Outrigger Canoe Club in Northern California.

Kaimanu started in 1976 and I am proud to say is still running strong today. My mom served as President of this club for 20 years so I saw first hand the expectations of a President.

I have held the positions of Secretary, Scholarship Committee, Treasurer and Head Coach during my time with Kaimanu.

My mom is also the current Race Clerk for the NCOCA and has held this position for over 20 years. I have been her assistant for all 20 of those years.

My primary goal this year is to continue to grow and establish our place in the Paddling Community.

I look forward to getting to know all of you more and seeing Kukui'ula rise to the top in Kauai.

See you on the water,

Dana Miyake

335-6053 home 925-998-2984 cell

Email: [dana\\_miyake@adp.com](mailto:dana_miyake@adp.com)

## Vice-President's Message

Bring a friend to paddle with us! You'll have more fun and may be able to build a great crew in your race category! Plus the member who recruits the most new members by March 1st gets a free new club T shirt!

## Secretary's Memo

Please check your email for the new 2009 registration packet. Please download, print, fill out and turn in at practice on Tues Jan 27 or Thurs Jan 29. You can also email to Fran at [franinkauai@aol.com](mailto:franinkauai@aol.com) or Lisa at [lisamaci@hotmail.com](mailto:lisamaci@hotmail.com)

## Treasurer's Note

HAPPY NEW YEAR KUK'S PADDLERS. The holiday season is over and it's on to PADDLING season. Time to get back on the water and firm up your body and fine tune your stroke. We have so much in store for the club this year and we need your participation on and off the water. A great way to start off the season is to pay your club dues. How much? A mere \$150. Please make your check out to Kukui'ula Outrigger Canoe Club.  
Mahalo, Tenley  
346-4034 cell/email: [tcotchay@hhsc.org](mailto:tcotchay@hhsc.org)

## Coach's Corner

Aloha all Pu'uwai South/ Kukui'ula paddlahs!

I am to excited to be the Head Coach of the Pu'uwai South/ Kuks ohana this 2009 season. I feel this will be a great year for us. With a lot of hard work and training I know we can be a real competitive club here on Kauai and in Hawaii. So get ready cause we're going all da way!!!

I started paddling with Kaimanu Outrigger canoe club and stayed with them for about 12 years. Later in my 20's paddled for San Francisco Outrigger across the Bay for about 4 years. Moved here in 2007 where I paddled for Na molokama for 1 season. I've paddled Molokai about 8 times along with many other races here in da Islands and in the Mainland. And look forward on doing many more races still.

My main goal for 2009 is to put out good quality crews and kick some kola here on Kauai. Right on you all lets get it started.

See you all on da Water!!! Keone

## Paddler Information

Our first fundraiser of the year is in collaboration with our GICRA sponsor club, Pu'uwai. We will be assisting them with their 2nd Triathlon to be held on Sunday, Feb 8th from 6:30 am-10am at Poipu Beach Park.

They need our help on Sat. Feb 7th (following our recruiting day). They need 2-4 people to help with registration from 12-3 pm and 4-6 people to help with manual set up from 3pm -6pm (Brian said there would be beer for the helpers!).

On Sunday, the day of the event, we need 15-20 people from 6am -10am and 6-8 people to help with break down and clean up from 10am -12pm.

We also have three carwashes scheduled for this season - the first is on Sunday, March 22nd.

Please sign up with Fran on what days you are available to assist.

Remembering Laulima which means many hands. We need many hands to be successful.

## This Month's Spotlight



### Keone Miyake Head Coach

Keone was born here on Kauai in 1971 and raised up Wailua Homestead and Kapaa area. His ohana moved to Northern California when he was 14. At the age of 16 he began paddling for Kaimanu Canoe Club in Norcal. There he met his future wife Dana and had 3 keikis Malia (11), Maile (10), and Nainoa (7). Keone returned to Kauai in 2007 as he was awarded Hawaiian Homeland in Anahola. His new hale should be completed by the end of 2009.

## Upcoming Events

January 25, 2009 OC-1 Race

January 27, 2009 – Rig canoes at Kuks 5:00pm

January 29, 2009 – 1st practice for returning paddlers

February 7, 2009 – Newbie Day 10:00 am  
returning paddlers 7:00 am also set up for  
Triathlon 12 pm to 6 pm

February 8, 2009 – Triathlon kokua 6:00 am to  
10:00 am or 10:00 am to Noon

February 14, 2009 – Newbie Day 10:00 am  
returning paddlers 7:00 am

## Birthday Celebrations

January 1<sup>st</sup> – Dana Miyake